



PARENTING FUNDAMENTALS

EMPOWERING PARENTS TO HELP CHILDREN LEAD FULFILLING AND PRODUCTIVE LIVES



Wednesdays, July 18 – Sept 19, 10:00am – 12:00PM
Metropolitan Family Services – Midway Center | 3843 W. 63rd Street

Parents of children ages 8-12 will learn:

- Supporting school success
- Building strong relationships
- Positive discipline
- Substance abuse prevention
- Patience and respect
- Communication skills
- Self-esteem & self-care
- Child development

To register please call 773-884-2290
www.metrofamily.org